MOST POPULAR HEALTH TOPICS IN 2018

- Adding More Fruits and Vegetables Can Lead To Psychological Improvement in Just 14 Days
- 2. Current Health Articles: Study Looks at the Link Between a Lack of Sleep and Our Learning Abilities
- **3.** Poliovirus Effective at Killing Cancer Cells and Preventing Regeneration of Tumors
- 4. Curing Baldness: Are We Reaching a Breakthrough?
- 5. Reasons Behind Gray Hair, Baldness Uncovered
- 6. Newborn's Gender May Have Effect On Mother's Immunity
- 7. Recent Study My Cause Changes in Vitamin D Guidelines
- 8. Ten Reasons Why Sex Can Increase Health
- 9. Studies Finds Answers For Why Hair Turns Gray
- 10. Health Articles 2017: Is "Good" Cholesterol Actually Just a Myth?
- 11. Medical Controversy Topics: Health Debate Over Red Meat
- 12. Health Articles For High School Students: The Impact of Videos Games On Brain
- **13.** Researchers May Have Discovered Breakthrough That Prevents the Spread of Cancer
- **14.** People Who Get Too Much Sleep May Double Their Odds Of Developing Dementia
- 15. The Effects of Aging on the Brain
- 16. Natural Cannabinoid Found To Reduce Anxiety
- 17. The Use of Antidepressants May Worsen the Effects of Tinnitus
- **18.** Turmeric, Red Grape, and Apple Compounds Effective Against Cancer of the Prostate



- **19.** Spouses with Younger Partners Experience Quick Decline in Marriage Happiness.
- 20. Saturated Fat as an Artery-Clogging Culprit Might Be an Exaggeration
- 21. Health Events: The Effects of Sodium on Blood Pressure May Be Overrated
- 22. Cannabinoids and Chemotherapy Working Together Demonstrate Effective Results Against Cancer
- 23. MS could be reversed with existing allergy drug Existing Allergy Drug Demonstrated to Reserve the Effects of Multiple-Sclerosis
- 24. Study Finds Link Between Coffee Drinking and Longer Livespans.
- 25. New Medical Healthcare Treatment: New Method of Fighting Cancer Can Kill Cells in 3 days
- 26. New Technique For Stopping the Spread of Cancer Discovered
- 27. Mystery Behind the Cause of Bipolar Disorder Might Be Solved
- 28. New Cancer Treatment Might Be More Effective Than Chemotherapy
- 29. Link Find Between Lack of Gluten and Increased Risk in Type 2 Diabetes
- 30. Research Finds that a Marriage Success Depends on an Active Love Life
- 31. Keto Diet Found to Improve Memory, Lengthen Lifespan
- **32.** Study Finds Normal Blood Pressure Levels Depend as Much on Potassium as They Do on Sodium
- 33. New Discovery Uncovers What Causes Parkinson's Disease
- **34.** Dopamine could be to blame Link Find Between Lack of Dopamine and Lack of Motivation to Stay Active
- 35. Cause of Clogged Arteries May Be Connected to Bacteria Rather Than Diet
- 36. Acetaminophen Taken Before Birth May Reduce Masculinity
- 37. Scientists Warm: Unless You Have Celiac Disease, Eat Gluten
- 38. Health Articles for Students: What are the Health Effects of Dairy?
- 39. The Female Orgasm: What Do Women Desire?
- 40. Is it Risky to take Statins?



- 41. Why Women Want Less Sex As They Get Older
- **42.** Study Shows Positive Link Between High-dose Vitamin C and Cancer Treatment
- 43. According to Research, Vitamin C Successfully Attacks Cancer Stem Cells
- 44. Stevia Effective At Controlling Blood Sugar Levels
- 45. Cold and Flu Medication Found to Stop Growth of Cancer Cells
- 46. Link Found Between Protein Interference with Brown Fat and Obesity
- 47. Minimal Increase in Dietary May Prevent DNA Damage
- 48. Study Finds Anxiety Might Be Linked to Bacteria in Stomach
- 49. New Research Discovers A Type of Cell that Removes Waste from Brain
- 50. The Ten Most Useful Sleep Applications
- 51. Is a Cure for MS In Sight?
- **52.** Articles on Health and Fitness: The Effect of a Single Bout of Exercise on the Brain
- 53. Health Researchers: Gluten-free Diet Does Harm
- 54. Maintaining Brain Health As You Mature
- 55. Bacterium Fosters Growth in Colorectal Tumor
- **56.** The Emotional and Physical Benefits of Yoga
- 57. Five of the best apps to train your brain Keep Your Brain Sharp With These Five Apps
- **58.** Health and Fitness Articles for High School Students: Want to Lose Weight? Fast From Time to Time
- 59. Artificial Vanilla Extract May Prevent Psoriasis
- 60. The Consequences of Childhood Trauma on the Brain
- 61. Research Finds Chili Pepper Compound is Effective Against Breast Cancer
- 62. Vitamin B Might Increase Risk of Lung Cancer
- 63. Study investigates Research Uncovers How the Brain Processes Fear



- 64. Want to Maintain a Healthy Weight? It Starts With Eating Breakfast Everyday
- **65.** Positive Link Found Between Improved Diet and Overcoming Major Depression
- **66.** A Regimen of Vitamin C And Antibiotics Does Wonders Against Cancer Cells
- 67. Research Discovers Link Between Pheromones and Sexual Behavior
- 68. Even Moderate Alcohol Consumption Has Harmful Effects on Brain
- 69. Want to Reduce Inflammation? All You Need is 20 Minutes of Exercise
- 70. Brain-training Game May Combat Dementia
- 71. Link Found Between Eating Hot Red Chili Peppers and Longer Lifespans
- 72. Black Tea Alters Bacteria in Stomach, Increases Weight Loss
- 73. Top News: Antioxidant may slow down progression of MS
- 74. Alzheimer's disease: Scientists May Soon Know How it Starts and How to Prevent it
- 75. Study Finds Loneliness Has Stronger Effects On Mortality Than Obesity
- 76. More Gray Hair Increases Odds of Developing Heart Disease
- 77. New findings May Help in Treatment of Autoimmune Diseases
- 78. Cannabis and Schizophrenia: Is There a Link?
- **79.** Sugar and Cancer: A Surprise Connection or Has the Sugar Industry Been Hiding Something for Half a Century?
- 80. Glioblastoma: A New Treatment on the Horizon?
- **81.** Long-term sexual satisfaction: What Does Science Reveal?
- 82. Link Found Between Brain Inflammation and OCD
- 83. Want to Decrease Parkinson's risk? Consume More Dairy
- 84. Diet Drinks Are Not What They Seem
- 85. Stem Cell Procedure Stimulates Hair Growth



- 86. New Test is Able To Detect Latent HIV With Greater Accuracy, Cure Might Be Next
- 87. Why Does Exercise Not Work For Everybody?
- 88. Research Finds That it is Virtually Impossible to be Healthy and Obese at the Same Time
- 89. Is an Anticancer Drug Actually Spreading Cancer Cells?
- 90. New Research Discovers How Body Processes Pain
- **91.** New guidelines Increase Upper Hypertension Limit for Those Over 60 Who Are Otherwise Regarded as Healthy
- 92. Want to Avoid Alzheimer's? Extra-virgin Olive Oil Might Be the Trick
- 93. Study sheds light Research Uncovers How Broccoli Protects Against Cancer
- 94. The Key to a Less Harmful High-Fat Diet Might Be Cinnamon
- 95. New Clinical Guidelines Developed In the Treatment of Lower Back Pain
- 96. Novel Cancer Drug Shrinks Tumors By Half
- 97. Statins Might Not Protect Older Patients From Heart Disease
- 98. Antidepressants may increase mortality risk by a 33%
- 99. New Compound Attacks Cancer While Avoiding Damage to Healthy Cells
- 100. Researchers Find Genetic Link for Developing Eczema



